

Matter Clinical Services, P.C.

Compassionate Counseling



James R. Matter, Psy.D.
Licensed Clinical Psychologist

Education

Psy.D. in Clinical Psychology
Adler School of Professional Psychology

M.A. in Counseling Psychology
Trinity International University

B.S. in Psychology
Taylor University

Theories Used in Practice

Cognitive-Behavioral Therapy

Acceptance & Commitment Therapy

Solution-Focused Therapy

Mindfulness Meditation

Positive Psychology

Adlerian Psychology

Contact

To schedule an appointment or to inquire about services, call the number listed below or email Dr. Matter at:
jmatter@matterclinical.com

Personalized Care

As a psychologist, I pride myself in providing professional services which help patients navigate their social-emotional difficulties.

I specifically work to:

- Establish a trusting relationship with patients
- Identify what problems and issues patients are experiencing
- Construct a vision of how patients want to live differently in the present and the future
- Clarify which steps will promote health and wellbeing as patients work on their goals

Types of Clinical Services

Individual Therapy

Couples/Marital Therapy

Family Therapy

Child & Adolescent Therapy

Clinical Hypnosis

Pre-Marital Counseling

Life Coaching

Psychological Testing

Areas of Practice

Depression

Anxiety & Stress

Enuresis/Bedwetting

Anger & Irritability

Phobias & Fears

Trauma/PTSD

Substance Abuse

Bad Habits

Grief & Loss

Relationship Issues

Eating Disorders

Pain Management

Attention Problems

Sleep Problems

Parenting Problems

School Issues

Work Problems

Phase of Life Problems

475 River Bend Road, Suite 304, Naperville, IL 60540

Phone: 630-778-9050

www.matterclinical.com

Fax: 630-778-9054